

THE WORLD'S MOST FIERCE WORKOUTS

THE **JUNGLE**[®]
BODY
WWW.THEJUNGLEBODY.COM



Shake it with us!

Feel fierce today with
The Jungle Body workouts!

Konga
BY THE JUNGLE BODY

VYPA[®]
THE ULTIMATE BOXING WORKOUT

TYGA[®]
THE DANCE CARDIO WORKOUT

Jagua[®]
TONE • SCULPT • STRETCH

BURN!
THE DUMBBELL WORKOUT

getlow

ROAR

cubz

MORE THAN JUST A FITNESS CLASS!

Become an instructor today!

To become a qualified Jungle Body instructor all you need to do is complete our 100% online training all from the comfort of your own home. Simply purchase the program/s you want to get qualified in and your e-training will be emailed to you immediately.

As an Instructor you will:



Learn the ropes

Learn how The Jungle Body® began & The Jungle Body® method in the e-training manual. This will be emailed to you immediately once you make payment for your training. Included in the manual is access to videos and over 70 pages of education and training.



Master your moves

Learn how to deliver The Jungle Body® method, master dance & fitness technique, musicality & cueing; plus learn the secret Jungle Body formula. Your e-training will include theory and videos to help you master functional, beat-driven movement.



Shout out loud

Uncover the best ways to launch your Jungle Body career, learn unique marketing strategies, PR tips and social media. We'll give you everything you need to build, sustain and create classes. Turn it into your full time job or even open your own Jungle Body gym. The opportunities are endless.

Work for yourself, or be employed at a gym or health club!

Sign up today at www.thejunglebody.com

Get qualified and receive:



New Choreography
8-10 choreographed routines per program every single month to keep your classes fresh



The Workout Library
Get access to an archive of thousands of choreography videos from the past years



Class Finder
Add your classes to our website so you can reach thousands of potential clients



Resource Centre
Download marketing material, videos, logos, posters and promotional material



Exclusives
Get access to news, tips, promotions, discounts on clothing and 24/7 support



You can teach *anywhere*, any time & any place in the world!

How do I sign up?

Head across to our website thejunglebody.com and click on BECOME AN INSTRUCTOR, and then simply follow the step-by-step instructions. Training takes anywhere from 1 week to 12 weeks to complete, depending on how quickly you learn the material.

1

REGISTER & CREATE YOUR PROFILE

It's time to take a selfie and tell us about who you are and what makes you unique! Please check your Junk Mail as your training and weekly updates will be sent via email.

2

BUY THE PROGRAM & GET QUALIFIED

Pick the Program/s that you want to get qualified in. Enter in your payment details and you will immediately be sent your Jungle Body training via email.

3

COMPLETE YOUR ONLINE TRAINING

You have exactly 12 weeks from the date of purchase to complete your training. If you need any help along the way, don't hesitate to reach out and hit us up.

4

PAY YOUR LICENSE FEE & GET STARTED!

Once you pass your assessment, you must start your monthly license fee/s for the program/s. If you don't keep your license active, your certification will expire.

5

WHAT ARE THE TRAINING FEES?

1	\$249 +GST AUD
2	\$498 + GST AUD
3	\$747 + GST AUD
4	\$996 + GST AUD
5	\$1,245 + GST AUD
6	\$1,494 + GST AUD
7	\$1,743 + GST AUD
8	\$1,992 + GST AUD

6

WHAT ARE THE MONTHLY LICENSE FEES?

1 Program	\$28.48 +GST AUD
2 Programs	\$33.83 + GST AUD
3 Programs	\$39.98 + GST AUD
4 Programs	\$45.98 + GST AUD
5 Programs	\$50.97 + GST AUD
6 Programs	\$55.97 + GST AUD
7 Programs	\$60.51 + GST AUD
8 Programs	\$65 + GST AUD

Get started today! Find a class at
www.thejunglebody.com/find-a-class



Who is The Jungle Body?

We are The Jungle Body® – a global fitness and exercise company offering a range of unique, sweat-inducing and beat-driven workouts. Our Head office is in Australia, but you can find our workouts in over 15 countries worldwide.

It doesn't matter how fit you are, where you're located, or how uncoordinated you are – everyone can be part of The Jungle Body®!



What do we do?

Join us at The Jungle Body® to move, sculpt and transform your body with 8 programs

**KONGA®, VYPA®, JAGUA®, TYGA®, BURN!,
GETLOW®, ROAR® and CUBZ®**

We have made sure our workouts are fun, easy to follow and give you the flexibility to perform at your own pace. Whether you're into boxing, stretching, low or high intensity, dancing or cardio The Jungle Body® has the best workout for you.



Our difference!

The Jungle Body® method is all about being easy-to-follow for any coordination level, yet high intensity to ensure maximum results.

All our programs are driven by the latest and greatest music tracks you hear on the radio. The result is a powerful fat burning experience that shapes the physique, floods the body with endorphins and creates the ultimate Jungle Body.

8 epic programs for all fitness levels

We offer eight Programs to sculpt, transform and shape the entire body, that are incomparable to any other workouts out there.



High intensity & low complexity fusing dance, boxing, cardio & toning to popular music!

Dance
Boxing
Cardio
Sculpting



A sexy hip hop, dancehall & afro based workout.

Hip Hop
Pop
Dancehall
Afro



A hardcore, high intensity interval workout combining kickboxing, MMA, plyo & boxing.

Boxing
Kickboxing
Cardio
Plyo



One of a kind choreographed toning workout. Using dumbbells & booty bands!

Upper Body
Lower Body
Core



Body sculpting & conditioning with ballet & dance, to hip hop, pop, afro & old school music!

Stretch
Sculpt
Strengthen
Tone



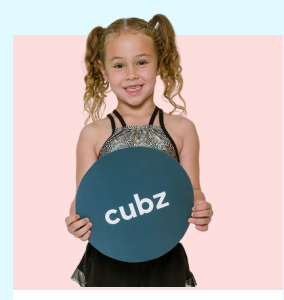
A Low Intensity program designed to ignite your mind, move your body & improve your wellbeing.

Light cardio
Dance
Boxing
Dumbbells



A seriously fun class for kids ages 7-12. A high energy program to popular hip hop and pop tracks on the radio!

Dance
Cardio
Play



A movement-to-music program for children 2-6. Children will learn, connect & express through music.

Dance
Play
Movement
Mindfulness

Shop our Athleisure label!

Want to dress Jungle Body style? Shop our label for on trend activewear, studio mats, headware and accessories.

Shop at
thejunglebodylabel.com

Do our online workout!

Want to workout at home and can't make it to a class? Purchase our Online Workout and stream anytime, watch on TV, mobile and tablet for only \$15.99 AUD.

Do the workout at
thejunglebodyonline.com

Frequently Asked Questions.

Can anyone join The Jungle Body?

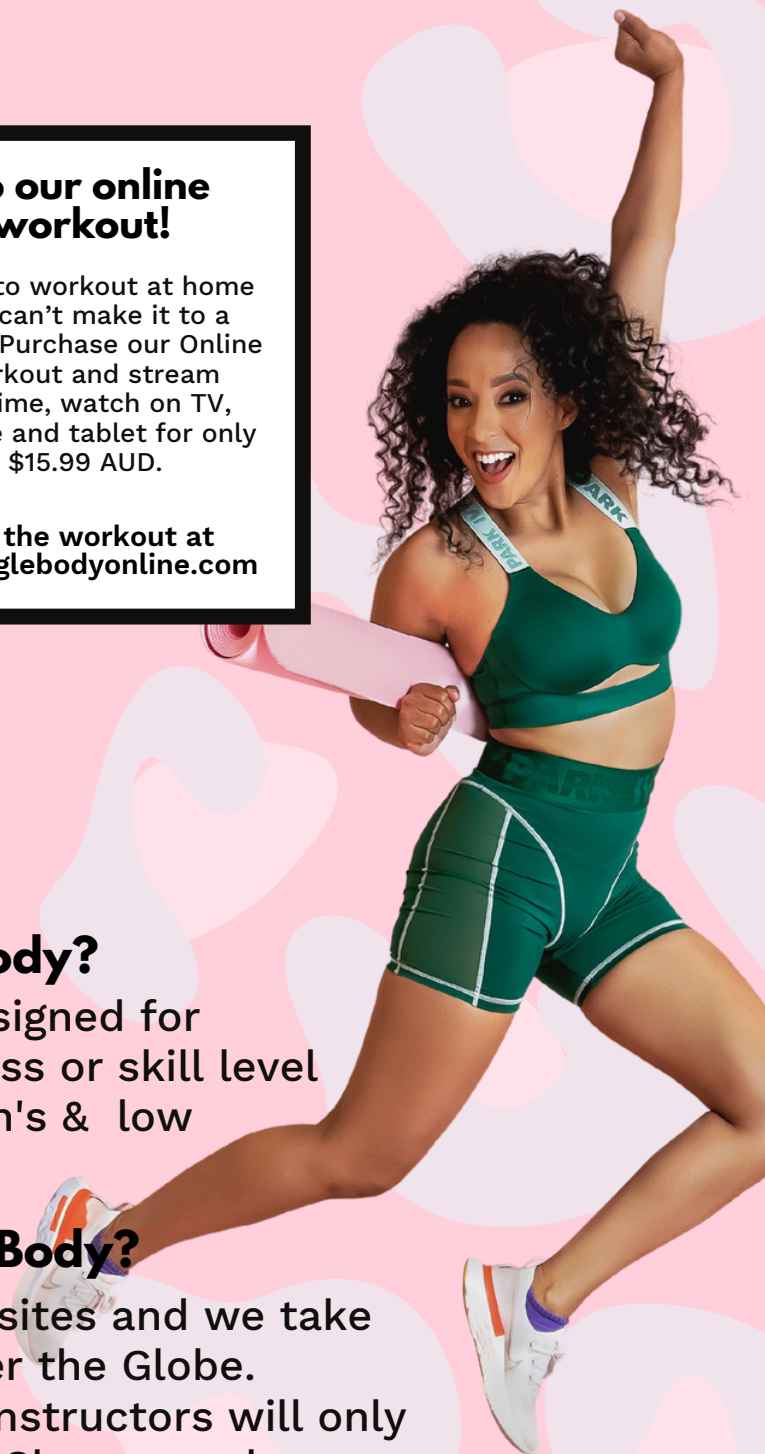
Absolutely! The Programs are designed for anybody at any age, weight, fitness or skill level to achieve. We also offer children's & low impact programs!

Can anyone teach The Jungle Body?

The Jungle Body has no prerequisites and we take Instructors on board from all over the Globe. However, it is not for everyone. Instructors will only be successful if they master the Choreography, Communication and Fitness Concepts.

How can I get The Jungle Body at my gym?

Email info@thejunglebody.com and we will help you source and coordinate getting instructors on board. Gyms pay no fees to have our programs at their club except any relevant Music Licensing fees. The instructor pays the License Fee and must be fully insured.



Testimonials

1

**LESLEY MORRISON,
UNITED KINGDOM**

“I am not a ‘Co-ordinated’ person by any stretch, and all other aerobics classes had way too much choreography for my somewhat comically limited dancing abilities”

2

**SHELLY PENN,
UNITED KINGDOM**

“Exceptionally supportive to instructors during & after training, the resource bank is amazing! Even from across the other side of the world! Love It!!”

3

**MONIKA HERZA,
UNITED KINGDOM**

“Addictive, fun, dancy and sexy! Never going back to teaching the classes I used to teach, they’ll stay fresh, challenging and lots of FUN, the recipe’s just perfect!!!”



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